

Kalyani Charitable Trust's

Late G. N. Sapkal College of Engineering

Kalyani Hills, Anjaneri, Trimbakeshwar Road, Nashik – 422 213



Computer Engineering Department

Ref: KCT's/GNSCOE/COMP/2022-2023/

Date: 07/10/2022

Notice

All students of SE, TE, BE are here by informed that Computer engineering department of LGNSCOE and Gillette India are organized seminar on "Personality Development and Mental Health For Male Students". All should attend compulsory and get benefitted for the same.

Session speaker: Mr. Shubham Mishra

Day and Date: Tuesday, 11th October 2022

Time: 11.00 am to 1.00 pm. Conduction mode: Offline

Venue: Computer Engineering Department Lecture Hall.

Prof. S. N. Thakur

Program Coordinator

Sapkal College Gapkal College Anjaneri Bankal Sap Anjaneri Nashik 422 212

Prof. (Dr.) N. R. Wankhade

melle

Head Of Department



Kalyani Charitable Trust's Late G. N. Sapkal College of Engineering

Kalyani Hills, Anjaneri, Trimbakeshwar Road, Nashik – 422 213



PROGRAM REPORT

Title of the Program: Personality Development and Mental Health for Male students.

Number of Day(s): 01

Dates(s) of Conduction: 11/10/2022

Venue: Computer Engineering Department lecture hall

Number of Participants: 43

Program Objectives:

1. Guidance for Personality Development

- 2. Self improvement consists of activities that develop a person's capabilities and potential, build human capital, and facilitate employability, Global compatibility and employment opportunities.
- 3. An increased understanding of why and how men seek help for mental health issues is vital for improving these outcomes and the wider outcomes beyond health for both men and women, including gender equality.

Name & Contact Details of the Resource Person(s):

1. Mr. Shubham Mishra

Mobile: 8828230936

Description / Explanation of the Program:

Kalyani Charitable Trust's LATE. G. N. SAPKAL COLLEGE OF ENGINEERING of Computer Engineering department in association with Million minds Pvt. Ltd. And with the platform of an edtech platform, supporting Entrepreneurship ,Learning programmed organized one day session on Personality Development and Mental Health for Male students. Session Speaker told about personality development regarding "Personality is that pattern of characteristic thoughts, feelings, and behaviours that distinguishes one person from another and that persists over time" "It is the sum of biologically based and learnt behaviour which forms the person's unique responses to environmental stimuli" and explain the details about Surveys from around the world show that men everywhere find it difficult to open up about mental health, though they are significantly more at risk of attempting suicide which can be resolved by developing

Outcome of the Talk / Event:

- 1. Students know how to know about 360 degree Personality development
- 2. Students are aware about strong mental health with different perspective

Photographs of the Event:



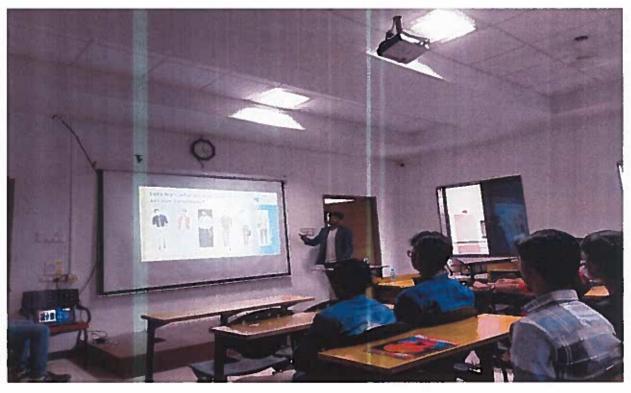


Felicitation of Guest by Principal Prof.(Dr.) Sahebrao B.Bagal





Attendee: Principal, HOD (Computer Engineering Dept.), Students.



Session headed by Mr.Shubham Mishra.



Attendance of Students:

